

Can soy help prevent breast cancer?



Medical researchers at Northwestern University are working to discover what role soy may play in preventing breast cancer.

If you have had breast cancer or are at increased risk for breast cancer, you may be able to help us answer this important question.

WHAT WE KNOW:

- Breast cancer is less frequent in groups of women who live in a culture with high amounts of soy in their diets.
- Breast Cancer develops more often when breast cells are growing quickly.
- Laboratory studies show that soy slows down the growth of breast cells

WHAT WE ARE TESTING:

- Will a daily soy supplement cause a woman's breast cells to grow less quickly, thereby lowering her risk for breast cancer?

Please call for your [free risk assessment](#) and to find out if you are eligible for a study to test whether a soy supplement may help prevent breast cancer:

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You may be at increased risk if you:

- Have a mother, sister or daughter with breast cancer
- Have had breast cancer in the past
- Have had breast biopsies in the past
- Have not had any children or had your first child after age 30
- Have had your first menstrual period before age 12

During this six month study, you will:

- Avoid foods high in soy.
- Take study medication pills every day.
- Visit the Lynn Sage Comprehensive Breast Center at Northwestern five times.
- Have physical and breast exams.
- Receive breast tissue sampling with a fine needle.
- Have nipple fluid collected by mild suction.

There is no cost to you to participate in this study.

You will not be charged for the study drug or any study-related procedures. You will receive a \$100 check mailed to your home at the end of the 6-month study.

For more information, please contact:

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